

## Post Office Point, Manapouri

### Wild file

**Access** Start from the northern end of Frazers Beach, or from the lake viewpoint in Manapouri take the top track through the bush above Frazers Beach Rd

**Grade** Easy

**Time** 3-3.5hr to Rainbow Reach

**Distance** 18.2km to Control Gates

**Map** CD08, CD07

### Description

The route to Post Office Rock in Manapouri is so little known that chances are even if you ask a local about it you're likely to be met with a blank stare.

Minimal signposting can make it tricky to even get started, but once on your way the unofficial route opens up an opportunity to walk from Manapouri to Te Anau.

The track starts out a little rough and muddy, but gradually becomes easy going through open beech forest. A careful eye needs to be kept on the tattered pink ribbon and old butcher's apron strips, which mark the way, as the track is faint in places and it's easy to be led astray.

The track initially forces its way through thick manuka scrub, which closes in densely on either side. Once in the beech forest there is a feeling of not being on a track at all.

At Post Office Point it's another half an hour to Supply Bay Road.

The second half of the route from Supply Bay Road follows the Waiau River through beech forest before tracking into open manuka scrubland. From the bend in the river at Boulder Reach, follow your nose along the river, 4WD tracks and open grassy areas. The route is not marked but easy to follow. From Rainbow Reach you can cross the river and take the Kepler Track to the Control Gates and on to Te Anau.

### Elevation Profile



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Disclaimer: While every effort has been made to map this route correctly, Wilderness Magazine does not take responsibility for any errors in the route. Users should use discretion when planning their routes and gather as much information as possible before departing.

# Post Office Point, Map1

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# Post Office Point, Map2

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